

AN OPERATION AVERTED

Philadelphia, Pa.—"One year ago I was very sick and I suffered with pains in my side and back until I nearly went crazy. I went to different doctors and they all said I had female trouble and would not get any relief until I would be operated on. I had suffered for four years before this time, but I kept getting worse the more medicine I took. Every month since I was a young girl I had suffered with cramps in my sides at periods and was never regular. I saw your advertisement in the newspaper and the picture of a woman who had been saved from an operation and this picture was impressed on my mind. The doctor had given me only two more days to make up my mind so I sent my husband to the drug store at once for a bottle of Lydia E. Pinkham's Vegetable Compound, and believe me, I soon noticed a change and when I had finished the third bottle I was cured and never felt better. I grant you the privilege to publish my letter and am only too glad to let other women know of my cure."—Mrs. THOS. MCGONIGAL, 3432 Hartville Street, Phila., Pa.

NATIONAL MONUMENT DEALERS INDICTED

Association Is Charged with Violating the Sherman Anti-Trust Act.

Baltimore, Md., July 25.—An indictment was returned in the United States court here yesterday against the National Retail Monument Dealers' association of America, incorporated, its officers and members of the board of managers, for alleged violations of the Sherman anti-trust act.

Itching Blisters On Baby's Head

And Face. Scalp Sore and Red. Itched so Had to Tie Hands. Hair Fell Out. Head Disfigured. Cuticura Healed in 13 Days.

"My baby had blisters break out on his head and face. His scalp was sore and red and he was very cross and fretful. The breaking out itched and kept him from sleeping, and I had to tie his hands to keep him from scratching. His hair fell out and his head was disfigured. His face was terrible."

"My niece was telling me about Cuticura Soap and Ointment, and I bought them. He was healed in thirteen days." (Signed) Mrs. Felix Smart, 21 Seventh St., Old Town, Me., Aug. 7, 1916.

Cuticura Soap and Ointment are not only most valuable for the treatment of pimples, blackheads, redness and roughness, dandruff and irritated scalps, but their great mission is to prevent such conditions.

For Free Sample Each by Return Mail, address post-card: "Cuticura, Dept. R, Boston." Sold everywhere.

TO RATION THE WORLD

Allies to Control Food Supply and All Shipping

U. S. BEGAN STEPS TOWARD AGREEMENT

Cargoes to European Neutrals Are Stopped—Must Give Guarantees

Washington, July 25.—The American government's control of exports has resulted in an absolute embargo on cargoes destined to the northern European neutral countries. Since the control was made effective a little more than a week ago, not a single cargo has been licensed for shipment to these nations. The policy enforced is described as temporary, to be changed as soon as it is possible to put the neutrals on a rationing basis. Despite submission of much information by the diplomatic representatives of the neutrals affected, the government considers that it lacks convincing evidence regarding exports from these countries to Germany, and it wants to take no chances of permitting American goods to go through to the enemy. The facts sought, it is expected, will be available shortly.

Goods destined for the allied countries are licensed without question, as are commodities that go to most other neutrals. Some shipments have been permitted to go forward to Switzerland, but not until the character of the consignee was established beyond question.

Meanwhile the government is negotiating with the British for an arrangement by which the export control will supersede the British system of granting letters of assurance. For the present, however, an export control license is no guarantee against British seizure, and American exporters must satisfy the British authorities of their own good faith and that of the receivers of their goods.

The Dutch minister, Mr. Van Rappard, has taken a particularly vigorous stand against the government's policy toward the European neutrals. Without awaiting the arrival of the special mission to leave Holland soon to negotiate here on the subject, he has laid before the exports council detailed statistics to refute charges that Holland has been developing an enormous export trade to the central powers.

As a matter of fact, the minister told the council, the total of Holland's exports has decreased considerably since 1914. Cheese, which formerly constituted thirty per cent of the country's exports during the winter months, declined to twenty-four per cent last winter, according to the minister, while butter declined from 15 to 9 per cent; pork from 37 per cent to 19 per cent, and other meat from 16 per cent to 1.5 per cent.

That such exports are necessary to the existence of Holland, and that she has salt, lumber, steel and other articles, was declared by the minister to have been recognized by the entente allies themselves. The allies also are parties to the division of the Dutch export trade between themselves and Germany, the minister insisted, as shown by the existence of an agreement between the Netherlands bureau of agricultural exports and the British government, stipulating that of Holland's total exports there must be delivered to the allies of

WHEN YOUR COLOR FADES

When a girl's color fades, when her cheeks and lips grow pale and she gets short of breath easily and her heart palpitates after slight exertion or under the least excitement it means that she is suffering from this blood.

Headache and backache often accompany this condition and nervousness is frequently present. The remedy, of course, is to build up the blood and for this purpose Dr. Williams' Pink Pills are recommended. They are the remedy best suited to restore the blood, bring brightness to the eyes and put color in the cheeks and lips.

The only other treatment needed costs nothing. It is this. Give the patient plenty of sunlight, moderate exercise every day, not enough to cause fatigue, and use care in the diet because the food craved is often not the best for the condition.

Two books, "Building Up the Blood" and "What to Eat and How to Eat," give just the information that every mother of a growing girl needs. They are free. Write for them today to The Dr. Williams Medicine Co., Schenectady, N. Y. Your own druggist sells Dr. Williams' Pink Pills or they will be mailed postpaid on receipt of price, 50 cents per box, six boxes for \$2.50.

cheese 33 per cent; of butter 25 per cent; of meat 50 per cent, and so on, for all of the principal commodities.

WAR COSTING BRITAIN \$33,975,000 A DAY

This the Average for Last 112 Days—Total Loans to Allies and Dominions \$5,125,000,000.

London, July 25.—Andrew Bonar Law, the chancellor of the exchequer, announced in the House of Commons yesterday afternoon that for 112 days the average British expenditure was \$33,975,000 daily. He said the total advance made by Great Britain to her allies and the dominion was \$5,125,000,000.

Mr. Bonar Law said the net increased expenditure was \$17,500,000 not including advances to Great Britain's allies, which represented an increase of \$1,500,000 daily. It was obvious, he said, that the budget estimate must be exceeded. He declared he would not be surprised if by the end of the financial year the excess was approximately the same as that of the last financial year.

Reginald McKenna, former chancellor of the exchequer, said the figures did not constitute all the outgo. There had to be added the interest on the debt and the amount expended on other services not dealt with under the vote of credit. There could be looked forward to a total daily expenditure of \$40,000,000 before the close of the present financial year.

FOOD SUBSTITUTES. Are Being Introduced in Sweden Because of Shortage of Food.

Stockholm, July 25.—The shortage of various necessities of life in Sweden is already beginning to bring various substitutes into the market. One of these is a liquid called "economy sweetener," purporting to contain to each bottle of 120 grams, the equivalent in sweetening value of thirteen pounds of sugar. Analysis has just shown the contents to consist of one-tenth of one per cent of crystalline, 12 1/2 per cent of ordinary sugar and 87.4 per cent water.

FOR THROAT AND LUNGS STUBBORN COUGHS AND COLDS Eckman's Alterative SOLD BY ALL LEADING DRUGGISTS

Topics of the Home and Household.

If hooks and eyes are sewed on with buttonhole stitch they will seldom pull off.

A cookie cutter may be used to make round sandwiches and the cut-off corners may be utilized for croutons.

A contributor to Good Housekeeping says she always puts in enough water when cooking vegetables such as potatoes, corn, peas, spinach, cauliflower, etc., so that a cupful will be left. When a light but nourishing soup is wanted, she puts two tablespoonfuls of butter into a saucepan. When it bubbles, add a quarter of a cupful of flour, two cupfuls of milk, the cupful of "liquor," salt, pepper, and seasoning as desired. Let mixture come to a boil once and serve.

Wasting Potatoes. Now that potatoes are high and the price still soaring, it is important to many families that they be cooked in the most economical manner possible. Paring and cooking is the most wasteful method, and added to this some cooks soak the potatoes in water after they are pared. Starting to cook them in cold water also adds to the amount of waste.

Twice as much nutritive matter is lost if paring is done before boiling as there is if it is done after boiling, not figuring the waste in cutting away the potato. The juices of the potato contain eighty-five per cent of the ash, and these substances are easily extracted when the protection of the skin has been removed.

A pared potato soaked from three to five hours loses about three times as much of its mineral matter and seven times as much of its protein as one that is pared and immediately cooked.

In the most wasteful method of cooking, paring, soaking and starting to cook in cold water, the loss of protein is fifty-one per cent, and thirty-nine per cent of ash. When cooked with the skins on potatoes not soaked and dropped into boiling water lose only 1.6 per cent of protein and only 4.9 per cent of ash.

Baking and steaming are the most economical methods of cooking potatoes when fuel is considered. Potatoes cannot be baked well in a slow oven.—Irish World.

Jam and Marmalade. Fine color and flavor may be had in jam if about half of the fruit is dead ripe. However, it is essential that at least half of the fruit is slightly under-ripe in order to get a jelly-like consistency.

Pick over the fruit, wash carefully in colander with cold water, and then weigh so as to determine the amount of sugar necessary. Add three-quarters of a pound of sugar to each pound of fruit if a very sweet jam is desired and cook rapidly. Use less sugar for a moderately sweet jam. Stir constantly with a wooden paddle or spoon, slowly and gently moving the paddle across the middle, around the sides and along the bottom. Do not beat it.

The time required for cooking the jam will depend upon the fruit. In general it may be said that the mixture should be heated to 220 degrees Fahrenheit, at which time a row of drops should form on the preserving spoon when held lengthwise.

Marmalade.—Great care should be used in the cooking of marmalades because of the fact that no water is added to the fruit. If large fruit is used, it should be washed, pared, cored and sliced. Berries should be picked over, washed and crushed through a sieve to remove seeds and skins.

Weigh the fruit and add one-half as much sugar. Rinse the preserving kettle so that fruit will not stick, put a layer of fruit at the bottom and then alternate layers of sugar and fruit. Heat the mass slowly with frequent stirring, breaking up the fruit as much as much as possible. Cook for two hours and place in small jelly glasses which have been sterilized in boiling water just before marmalade is ready to remove from stove. Set in a cool place till cold and then seal as for jelly.

By sending a two-cent stamp to pay postage a canning or drying manual will be sent free to the readers of this paper by the Nation's Emergency Food Garden commission at 219 Maryland Bldg., Wash., D. C.—Dorothy Dexter.

BITTER OPPOSITION To Congressional War Committee and Food Board Provisions.

Washington, July 25.—When the food control bill was taken up in the House yesterday, administration leaders were determined to send the measure to conference, if possible, with instructions to have stricken out certain features objected to as rewritten in the Senate. Among these were the provisions for the creation of a congressional committee on the conduct of the war and for a food administration board of three members instead of a single member.

In their efforts to have the proposal for a war committee eliminated, the leaders have the backing of President Wilson and there were indications also yesterday that they would be backed by the president in the attempt to knock out the food board feature.

Canadian Conscription. Ottawa, Ont., July 25.—The conscription debate was in its final stages in the House of Commons yesterday and the measure was expected to be given its third reading by midnight. Possibly further amendments may be moved, but it is not expected there will be much change in the vote despite rumors of a change of attitude by a few of the pro-conscription Liberals. The bill probably will go to the Senate to-day.



Changin' hosses in mid-stream ain't usually the best way to get across. Nature grows the tobacco—let her finish the job.

Velvet Joe

VELVET is cured in Nature's way. It takes a long time and costs lots of money, but it makes VELVET the best tobacco.

Thar s some things we have to learn to like—such as olives an' hard work. Thar's others we take to naturally—just as baseball games and VELVET.

Velvet Joe

VELVET'S enormous sale—increasing every day—is because people just naturally like it. They take to tobacco aged in Nature's way like a duck takes to water.

Liggett & Myers Tobacco Co.

10c Tins 5c Metal-lined Bags One Pound Glass Humidors

REQUISITIONING TRADE SHIPS BEGAN YESTERDAY

Seven Tank Steamers Were Taken Over to Carry Fuel for the Navy.

Washington, July 25.—Requisitioning of commercial ships was begun yesterday by Secretary Daniels. Seven tank steamers were ordered to report at Atlantic and Pacific ports to carry fuel for the navy.

SECURITIES INCREASE IN VALUE.

Although Offset by Decrease in British and American Properties.

London, July 25.—According to the Bankers' Magazine, the value of 387 representative securities during this month shows an advance of seven million pounds sterling. Although a substantial improvement is recorded among foreign government securities, bank shares and iron and steel shares, this has been offset by a setback in the value of some

British and Indian funds as well as in American gold bonds.

For the Grand Army.

Boston, July 25.—Active preparations are being made for the national encampment of the Grand Army of the Republic, to be held in this city during the week of Aug. 19. A large fund for the entertainment of the veterans already has been raised by popular subscription. Mayor Curley Monday requested patriotic citizens to contribute 250 automobiles for the use of the delegates.

WE SELL SOCONY KEROSENE OIL

STANDARD OIL CO. OF N.Y.

For a Cool Clean Kitchen

The New Perfection Oil Cook Stove! It's different. Cooks fast or slow as you like, without soot, or ashes, or drudgery. And cheaper than coal or gas.

The Long Blue Chimney, that's the reason. It's as necessary, in order to obtain clean, intense heat from an oil stove, as the long glass chimney is to obtain clean, satisfactory light from an oil lamp.

Equipped with the New Perfection Oven, it bakes better than the baker. Clean, fresh air, correctly circulated.

The New Perfection Kerosene Water Heater will give you abundant steaming hot water at low cost. Ask your dealer for illustrated booklets on the New Perfection line.

For best results use SOCONY Kerosene

STANDARD OIL COMPANY of NEW YORK

PRINCIPAL OFFICES: NEW YORK ALBANY BUFFALO BOSTON

NEW PERFECTION

OIL COOK STOVES AND OVENS

"The Five Tires"

Today—tires cost less than ever

Your tires actually cost you less per mile today than they did a few years ago, —provided you buy the right kind of tires.

In the first place, don't buy a nondescript tire that some dealer has a selfish price motive in selling to you.

Buy a tire with a name behind it—a tire, the quality of which must be so good that the reputation of a great Company is protected.

United States Tires, with the name of the largest rubber manufacturer in the world behind them, are safe tires to buy.

United States Tires are constructed under an exclusive time-tried vulcanizing process that is patented.

They are honestly built with the best materials that the markets of the world afford.

United States Tires Are Good Tires

A Tire for Every Need of Price and Use

Royal Card 'Nobby' 'Chain' 'Usco' 'Plain'

United States TUBES and TIRE ACCESSORIES flow all the Sterling Worth and Wear that Make United States Tires Supreme